

PERTH YOGA FOR EVERYBODY

CLASS TIME TABLE | 10th JAN - 28th APR 2021

www.perthyoga.org

\$10 or by Donation
SOUTH PERTH FORESHORE



MON	TUES	WED	THU	FRI	SAT	SUN
<i>Digest</i> <u>Foundations of Yoga</u> <u>5.30pm</u>		<i>Rest</i> <u>Twilight Hatha</u> <u>5.30pm</u>				<i>Wake Up</i> <u>Morning Flow</u> <u>8am</u> <u>Traditional Hatha</u> <u>9.30am</u>

yogiurls.com/pysignup



A Spark of Joy